

Client Name: _____ Date: _____

Date of Birth: _____ Age: _____

MEDICAL / PERSONAL HISTORY

- What are you seeking treatment for? _____
-

- PLEASE LIST ANY PREVIOUS HOSPITALIZATIONS:

YEAR	CITY	ILLNESS	HOW LONG	HOSPITAL

- List any serious illnesses during the past 5 years: _____
-
-

LIST ALL MEDICATIONS YOU ARE CURRENTLY TAKING:

MEDICATION	DOSAGE	#TIMES DAILY

● **CHECK ANY OF THE FOLLOWING SYMPTOMS OR CONDITIONS YOU HAVE HAD IN YOUR LIFETIME:**

- | | | |
|--|--|---|
| <input type="checkbox"/> Blurred Vision | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Smoker’s Cough |
| <input type="checkbox"/> Double Vision | <input type="checkbox"/> Kidney or Urine Infection | <input type="checkbox"/> Hearing Loss |
| <input type="checkbox"/> Severe Headaches | <input type="checkbox"/> Blood in Urine | <input type="checkbox"/> Swollen Ankles |
| <input type="checkbox"/> Blackout | <input type="checkbox"/> Back Pain | <input type="checkbox"/> Bruise Easily |
| <input type="checkbox"/> Seizure | <input type="checkbox"/> Allergies | <input type="checkbox"/> Weakness in Arms or Legs |
| <input type="checkbox"/> Loss of Consciousness | <input type="checkbox"/> Hemorrhoids | <input type="checkbox"/> Venereal Disease (VD) |
| <input type="checkbox"/> Dizzy Spells | <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Reaction to Medications |
| <input type="checkbox"/> Head Injury | <input type="checkbox"/> Jaundice (yellow skin) | <input type="checkbox"/> Blood Transfusions |
| <input type="checkbox"/> Vomited Blood | <input type="checkbox"/> Shortness of Breath | <input type="checkbox"/> Broken Bones |
| <input type="checkbox"/> Blood in Bowel Movement | <input type="checkbox"/> Chest Pains | <input type="checkbox"/> Sinus or Frequent Colds |
| <input type="checkbox"/> Excessive Blood Loss | <input type="checkbox"/> Heart Attacks | <input type="checkbox"/> Tuberculosis |
| <input type="checkbox"/> Stomach Pain | <input type="checkbox"/> Pneumonia | |

● **FAMILY: Has anyone in your family (parents, brothers, sisters, aunts, uncles, cousins, and children) had any of the following? Please check:**

- | | | |
|---|---------------------------------------|--|
| <input type="checkbox"/> Kidney Disease | <input type="checkbox"/> Tumors | <input type="checkbox"/> Mental Illness |
| <input type="checkbox"/> Heart Disease | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Epilepsy |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Tuberculosis | <input type="checkbox"/> Nervous Disorders |

● **PLEASE CHECK WHICH SYMPTOMS OR CONDITIONS YOU ARE EXPERIENCING NOW OR IN THE PAST.**

- Circle those you are currently taking medication for.

- | | Present | Past | | Present | Past |
|--------------------------------|--------------------------|--------------------------|---------------------------|--------------------------|--------------------------|
| Insomnia (difficulty sleeping) | <input type="checkbox"/> | <input type="checkbox"/> | Depression | <input type="checkbox"/> | <input type="checkbox"/> |
| No appetite | <input type="checkbox"/> | <input type="checkbox"/> | Overeating | <input type="checkbox"/> | <input type="checkbox"/> |
| Alcohol Abuse | <input type="checkbox"/> | <input type="checkbox"/> | Mood Swings | <input type="checkbox"/> | <input type="checkbox"/> |
| Alcoholism | <input type="checkbox"/> | <input type="checkbox"/> | Excessive Worries | <input type="checkbox"/> | <input type="checkbox"/> |
| Crying Spells | <input type="checkbox"/> | <input type="checkbox"/> | Fears or Phobias | <input type="checkbox"/> | <input type="checkbox"/> |
| Hallucinations | <input type="checkbox"/> | <input type="checkbox"/> | Confusion | <input type="checkbox"/> | <input type="checkbox"/> |
| Difficulty Concentrating | <input type="checkbox"/> | <input type="checkbox"/> | Frequent Loss of Temper | <input type="checkbox"/> | <input type="checkbox"/> |
| Compulsions | <input type="checkbox"/> | <input type="checkbox"/> | Weight Changes | <input type="checkbox"/> | <input type="checkbox"/> |
| Extreme Nervousness | <input type="checkbox"/> | <input type="checkbox"/> | Weight Loss/Gain | <input type="checkbox"/> | <input type="checkbox"/> |
| Can’t keep a job | <input type="checkbox"/> | <input type="checkbox"/> | Fingernail Biting | <input type="checkbox"/> | <input type="checkbox"/> |
| Frequent employment change | <input type="checkbox"/> | <input type="checkbox"/> | Lack of Confidence | <input type="checkbox"/> | <input type="checkbox"/> |
| Fire setting past age 8 | <input type="checkbox"/> | <input type="checkbox"/> | Blaming others frequently | <input type="checkbox"/> | <input type="checkbox"/> |
| Indecisiveness | <input type="checkbox"/> | <input type="checkbox"/> | Low Self-Esteem | <input type="checkbox"/> | <input type="checkbox"/> |
| Frequent Accidents | <input type="checkbox"/> | <input type="checkbox"/> | Sexual Problems | <input type="checkbox"/> | <input type="checkbox"/> |
| Nightmares | <input type="checkbox"/> | <input type="checkbox"/> | Extreme Loneliness | <input type="checkbox"/> | <input type="checkbox"/> |
| Palpitations | <input type="checkbox"/> | <input type="checkbox"/> | Bowel Disturbances | <input type="checkbox"/> | <input type="checkbox"/> |
| Feeling Tense | <input type="checkbox"/> | <input type="checkbox"/> | Unable to relax | <input type="checkbox"/> | <input type="checkbox"/> |
| Don’t like weekends | <input type="checkbox"/> | <input type="checkbox"/> | Can’t make friends | <input type="checkbox"/> | <input type="checkbox"/> |
| Financial problems | <input type="checkbox"/> | <input type="checkbox"/> | Fainting Spells | <input type="checkbox"/> | <input type="checkbox"/> |
| Fatigue | <input type="checkbox"/> | <input type="checkbox"/> | Feeling Panicky | <input type="checkbox"/> | <input type="checkbox"/> |
| Suicidal Ideation | <input type="checkbox"/> | <input type="checkbox"/> | Inferiority Feelings | <input type="checkbox"/> | <input type="checkbox"/> |

	Present	Past		Present	Past
Memory Problems	<input type="checkbox"/>	<input type="checkbox"/>	Irritability	<input type="checkbox"/>	<input type="checkbox"/>
Drug Abuse	<input type="checkbox"/>	<input type="checkbox"/>	Taking Drugs	<input type="checkbox"/>	<input type="checkbox"/>
Bedwetting past age 6	<input type="checkbox"/>	<input type="checkbox"/>	Tremors	<input type="checkbox"/>	<input type="checkbox"/>
Shy with People	<input type="checkbox"/>	<input type="checkbox"/>	Can't make decisions	<input type="checkbox"/>	<input type="checkbox"/>
Home conditions stressful	<input type="checkbox"/>	<input type="checkbox"/>	Concentration difficulties	<input type="checkbox"/>	<input type="checkbox"/>
Unable to have a good time	<input type="checkbox"/>	<input type="checkbox"/>	Sleeping too much	<input type="checkbox"/>	<input type="checkbox"/>

List all previous psychological or psychiatric counseling or treatment:

● **When:** _____ **Where:** _____

Reason: _____

● **When:** _____ **Where:** _____

Reason: _____

● **When:** _____ **Where:** _____

Reason: _____

Have you ever attempted suicide? Yes No When? _____

Have you ever overdosed from a drug? Yes No When? _____

Has anyone in your immediate family (spouse, parents, children, brothers, sisters) ever had any psychological or psychiatric treatment or counseling, or been hospitalized for mental, emotional or nervous disorders?

YES or NO

If yes, who? _____

What do you know about it?

FAMILY ORIGIN:

Relation	Alive or Deceased?	Current Age	Occupation	Cause of Death	Your Age at Death
Father					
Mother					
Sibling					
Sibling					
Sibling					
Sibling					

- Are there any other members of the family about whom information regarding illness is relevant? _____

DRUG AND ALCOHOL USE:

- How much of the following substances do you use on a weekly basis?

	<u>PRESENT</u>	<u>PAST</u>
Glasses of Wine	_____	_____
Cans or bottles of beer	_____	_____
Shots of hard liquor	_____	_____
Marijuana	_____	_____
Cocaine	_____	_____
Pills (upper / downer)	_____	_____
Crystal Meth	_____	_____
Heroin	_____	_____
Other – Please describe	_____	_____

Client Signature: _____

Medical History Form was Reviewed by: _____ Date: _____